

“The Christ Centered Church for Community Centered Living”

AMITY BAPTIST CHURCH

Reverend Jeffery S. Thompson, Pastor

COVID-19 Resource Guide

April 21, 2023



164-18 108th Avenue | Jamaica, New York 11433
718.739.8278 (Office) | 718.297.7951 (Fax)
amitybaptistchurch@verizon.net

Minister Gail Fleming, Executive Director
Human Services Commission

Test & Treat Mobile Units Reach Milestone

NYC Health and Hospitals' Mobile Test to Treat Program launched on June 30, with a goal of providing immediate treatment to New Yorkers who test positive for COVID-19. Roughly three quarters of mobile Test to Treat locations serve neighborhoods the City's Taskforce on Racial Inclusion and Equity (TRIE) determined were hardest hit by the pandemic in an effort to bring no-cost testing and free antiviral COVID treatment to communities most in need.



Tests administered at Mobile Test + Treat units	~30,000
Positive tests	4,600
COVID-Positive patients eligible for Paxlovid	1,300
Paxlovid prescriptions administered	1,000 +

Source: <https://www.nychealthandhospitals.org/pressrelease> Find the full press release [here](#).

MOBILE TEST AND TREAT: HOW IT WORKS

- You are administered a no-cost Rapid Antigen COVID-19 test
- If you test positive, you will immediately be connected to a healthcare provider on site
- The healthcare provider will review your medical history, current medications, and any pre-existing conditions to determine if COVID-19 treatment is right for you
- If you are eligible and choose to receive COVID-19 anti-viral treatment, the provider will write a prescription that you can fill at one of our partner pharmacies or your preferred pharmacy



Contact our team if you'd like NYC H+H to speak to your group about Mobile Test to Treat options!

Mobile Test to Treat units are currently deployed at the [locations listed here](#). New Yorkers can visit nyc.gov/covidtest to find the city-run testing site nearest and most suitable to them, including by filtering testing sites by Test to Treat, mobile testing or at-home test distribution locations.

Have you met NYC Care?



What is NYC Care?

NYC Care is a health care access program that guarantees low-cost and no-cost services offered by NYC Health + Hospitals to New Yorkers who do not qualify for or cannot afford health insurance based on federal guidelines.

Membership Services:

- Get a unique membership card to access health care at NYC Health + Hospitals patient care locations across the city
- Choose your own primary care provider
- Receive preventive care like vaccinations, routine screenings and mammograms to stay healthy
- Get mental health support and substance abuse services
- Get your first appointment in two weeks or less
- Talk to customer service representatives who speak your language and can help you day or night
- Get access to low-cost prescription medications day or night
- Get support from a primary care team that also includes nurses, medical assistants, social workers, pharmacists, and nutritionists
- Afford quality health care. There are no membership fees, monthly fees, or premiums. Your cost to receive health care is based on your family size and income

How to Enroll:

There are many ways to enroll in NYC Care.

- Call 1-646-NYC-CARE (1-646-692-2273)
- Visit any [NYC Health + Hospitals location](#)
- Visit one of [our community-based partners](#)

Spread the News!

Flyers and more information available at nycare.nyc



RAPID TEST & PPE DISTRIBUTION PROGRAM

CALLING ALL COMMUNITY CENTERS!

The public needs more places to pick up free test kits! Do you have a lobby or front desk?

Join our Distribution Program and sign up to be a Rapid Test Walk-Up Distribution Site!

Set your own regular hours for people to drop by and pick up rapid tests. We'll even deliver test kits to you! Sign up here:

https://bit.ly/contact_testandtreat

Eligible partners can pick up FREE rapid tests and PPE for community distribution. We invite NYC community organizations to learn more and join!

https://bit.ly/testkit_recruitment

Go to this link above to get this flyer in 13 languages! Help us recruit more community orgs to distribute PPE & Test Kits to folks that need them.

Who's eligible?

- Community-Based Orgs
- Houses of Worship
- Advocacy Groups
- BIDs/Merchants' Assoc.
- Tenants' Association
- Mutual Aid Groups
- Volunteer/Civic Groups
- And MORE!



Calling all Community Based Organizations & Community Groups!
You can now join the program to distribute At-Home Test Kits.

Scan the QR code to sign-up today!
bit.ly/rapidkit_waitinglist



How can we help you?

Reach out to learn more about our programs and community resources:

https://bit.ly/contact_testandtreat

COMMUNITY COVID STATS

#FightCOVIDNYC: Get the Facts

Visit the **NYC DOHMH COVID Data** page for **COVID data for your neighborhood** and around NYC.: <https://www1.nyc.gov/site/doh/covid/covid-19-data.page>

Discover your neighborhood's rates of positivity, testing, hospitalization, and mortality with this dropdown menu

Latest Data by ZIP Code

These data show percent positivity and test rate over the last seven days of data, or hospitalization and death rates over the last 28 days of available data. To accommodate standard reporting delays, hospitalization and death data are published at a 14-day lag.

Select data:

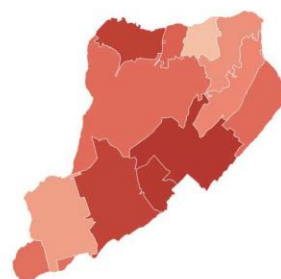
Percent positive (7 days)

Map Table By ZIP

7-day percent positive
6.9% 22.7%

EXAMPLE

For current data, visit the **NYC DOHMH COVID Data** page: <https://www1.nyc.gov/site/doh/covid/covid-19-data.page>



Map is from Mon 12/05/2022

Easily find the information relevant to you by selecting map, table, or zip code trends

Data Update Schedule:

- Daily data is updated every weekday.
- Weekly data is updated every Thursday.
- Monthly data is updated on the Monday following the 14th of each month

FIND NO-COST COVID TESTING & TREATMENT

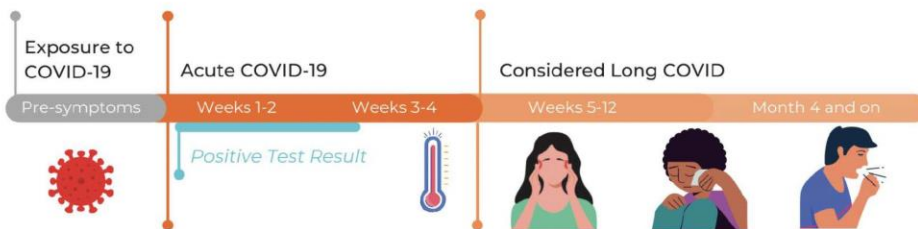
Go to www.NYC.gov/covidtest and use our **COVID-19 Test Site Finder** to find a no-cost, City-run site near you. This includes a search filter to find mobile Test-To-Treat units or locations to pick-up free at-home tests.

**Some mobile sites also offer Flu/RSV testing for those w/symptoms.*

LEARN ABOUT LONG COVID

Are you still feeling COVID-19 symptoms, weeks or months later? It might be Long COVID.

Long COVID is a wide range of new, returning, or ongoing health problems people can experience **four or more weeks after first contracting COVID-19**.



- Long COVID can happen to anyone who has had COVID-19, even if it was a mild or asymptomatic infection.
- One out of three of people with COVID-19 might continue to experience symptoms weeks and months after their initial diagnosis.
- Long COVID can also have social and economic impacts, especially for populations already disproportionately burdened by health inequity. Fatigue and pain can affect mobility, concentrating at work is harder with brain fog, and anxiety and depression can alter one's outlook on life.
- Long COVID may also be known as **post-COVID, long-haul COVID, post-acute COVID-19, long-term effects of COVID,** or **chronic COVID.**
- Many patient groups and researchers are working on studies to better understand the root cause of Long COVID and how to treat it. Recovery time varies between people, but rehabilitative and therapeutic approaches can help alleviate symptoms for people with Long COVID.

NYC H+H CAN HELP

NYC Health + Hospitals is here to support you in your post-COVID recovery.

Our NYC Test & Treat Corps AfterCare Program

- **Provides** Long COVID advice and up-to-date information on recovery options
- **Connects** New Yorkers with Long COVID to health and social needs resources that support their recovery
- **Offers** support to all people, regardless of income level insurance coverage, and/or immigration status

CONNECT TO OUR CENTERS OF EXCELLENCE

NYC H+H has 3 Community Health Centers in the Bronx, Brooklyn, and Queens, dedicated to those recovering from COVID-19 and offering a wide range of services to keep you and your family healthy.

For more info about our NYC H+H **COVID Centers of Excellence (Tremont, Bushwick, and Jackson Heights)**, call us at 844-NYC-4NYC (844- 692-4692) or visit us online: www.nychealthandhospitals.org/covid-19-center-of-excellence/



To get connected with **AfterCare resources**, call **212-268-4319** and **press 4** to speak with a member from our **AfterCare Navigation** team.

To find out more information about Long COVID and AfterCare, visit nyc.gov/AfterCare.



RAPID TEST & PPE DISTRIBUTION PROGRAM

CALLING ALL COMMUNITY CENTERS!

The public needs more places to pick up free test kits! Do you have a lobby or front desk?

Join our Distribution Program and sign up to be a Rapid Test Walk-Up Distribution Site!

Set your own regular hours for people to drop by and pick up rapid tests. We'll even deliver test kits to you! Sign up here:

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Go to this link above to get this flyer in 13 languages! Help us recruit more community orgs to distribute PPE & Test Kits to folks that need them.

Who's eligible?

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- Advocacy Groups
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- Tenants' Association
- Mutual Aid Groups
- Volunteer/Civic Groups
- And MORE!



Calling all Community Based Organizations & Community Groups!
You can now join the program to distribute At-Home Test Kits.

Scan the QR code to sign-up today!
bit.ly/rapidkit_waitinglist



How can we help you?

Reach out to learn more about our programs and community resources:

https://bit.ly/contact_testandtreat

HELP EXPAND PUBLIC ACCESS TO RAPID TESTS

CALLING ALL COMMUNITY CENTERS/PUBLIC SPACES!

The public needs more places to pick up free test kits!
Do you have a lobby or front desk?

Become a **Rapid Test Walk-Up Distribution Site!**

Just like **Public Libraries** and many **Cultural Institutions** across NYC, your site could be a safe space for the general public to drop by and pick up rapid tests.

- **You set your own public hours** (ideally minimum 15 hrs/wk)
- **You do not have to collect any info** from folks picking up
- **You can choose to set your own limits** per person
- **We will deliver bulk test kits to you** (preferably 1 full pallet; can negotiate based on capacity)
- **We will give you a flyer template** to post your hours at your site
- **We will promote your site info** on our website and flyers

WHAT IS THE PROCESS?

- **Complete our Zoom Orientation** if you haven't already; avail 3 times/wk.
- **Schedule a Walk-Up Site Startup Call** with our team to finalize details
- **Schedule a Bulk Delivery** of rapid tests
- **Set your Start Date** for our online promotion
- **Start Distributing!**
- **Complete our short Report Form** before requesting another delivery

Get started by signing up here:

https://bit.ly/contact_testandtreat

WHAT TO DO TO FIGHT THE FLU

NUMBER 1: PREVENTION



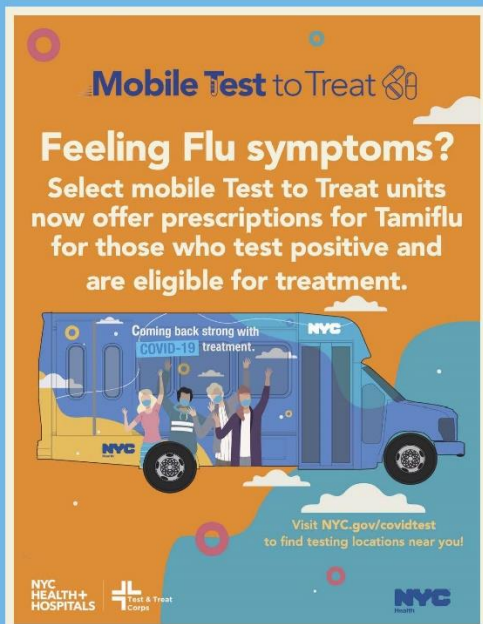
The best way to **protect yourself** and others from the **#flu** and **#COVID19** is to **get vaccinated for both respiratory illnesses**. You *might* be able to do so in the same place at the same time! Call 1-844-NYC-4NYC to find a location near you, or go to: <http://bit.ly/2K0gW8f>.

NUMBER 2: KNOW YOUR STATUS



Is it the flu? RSV? Covid? Get a rapid test for all 3 and know for sure. To find out which mobile sites offer these tests, visit: http://bit.ly/HH_testsites

NUMBER 3: GET TREATED




Spread the news, not the flu! Get this flyer in 13 languages here: bit.ly/flyersforpublic

At-Home Testing: Next Steps


If you test positive/were exposed:

- **Test immediately** when you have symptoms, and **isolate while waiting** for your test results. If you test positive, **talk to your provider**. If you don't have one, call **212-COVID-19 (212-268-4319)**, to determine if treatment is right for you.
 - Use the **City's Tool** to get personalized guidance on how/when to isolate and quarantine if you test positive or were exposed
- Check out our **"When You Are Sick"** page for the latest guidance, including [this factsheet](#) in multiple languages
- **Paid sick leave:** You no longer need to get an isolation or quarantine letter from the NYC Health Department. If you need an order for paid sick leave, you can fill out the forms below and share them with your employer or school. If you have questions or are not able to use the New York State forms, you can call the NYC Coronavirus Call Line at (855) 491-2667.
 - [NYS Affirmation of Isolation Form \(PDF\)](#)
 - [NYS Affirmation of Quarantine Form \(PDF\)](#)


Have you been exposed to or tested positive for COVID-19?



Positive test!






What should you
do next?



Scan this code for
isolation guidance.

Use the City's [Isolation Guidance Tool](#) to get the latest guidance for you!



For questions about home test results:

- If you test positive at home, isolate immediately, and call **212-COVID19** or your doctor to be connected to services should you need them.
- If you test negative but have symptoms, you should continue to isolate and get a follow-up test.
- See the below FAQs about having COVID-19 and testing at home:
 - <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-symptoms-what-to-do-fact-sheet.pdf>
 - <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-at-home-testing.pdf>
- Instruction videos for at home test kits are available at <https://www1.nyc.gov/site/doh/covid/covid-19-testing.page>

Your Guide to Monkeypox

What is Monkeypox?

MPV is a disease caused by the monkeypox virus (a virus in the Orthopox genus).

- Anyone can get and spread MPV. Currently, gay and bisexual men and other men who have sex with men are at greater risk of exposure because the current cases show that the virus is spreading in these social circles and networks.

How is it Spread?

- The MPV virus is most often spread through direct contact with a rash or sores of someone who has the virus. It can also spread through contact with clothing, bedding and other items used by a person with MPV, or from respiratory droplets that can be passed through prolonged face-to-face contact. At this time, it is not known if MPV can spread through saliva, semen or vaginal fluids.

Signs & Symptoms

- In the current outbreak, hospitalization and death from monkeypox are rare, but symptoms can still be painful and interfere with daily activities.
- Symptoms usually start within two weeks of exposure, but in some cases they may not appear for up to 21 days. Symptoms can last for two to four weeks.
- The most common symptom is a rash or sores that can look like pimples or blisters.
 - These may be all over the body or just in certain parts, such as the face, hands or feet, as well as on or inside the mouth, genitals or anus.
 - The rash and sores can be extremely itchy and painful, and sores in the anus or urethra can make it hard to go to the bathroom.
 - Some people also have flu-like symptoms, such as sore throat, fever, swollen lymph nodes, headache and tiredness.
 - Complications can include inflammation of the lining of the rectum (proctitis), or sores that could result in scarring of the eye, mouth, anus or urethra.
- We do not know if monkeypox causes long-term health problems.
- If you start experiencing symptoms, even if they are mild, isolate from others immediately and talk to your health care provider. If you do not have a health care provider, call 311 or search the [NYC Health Map](#). A provider will check your symptoms and may order testing.
- Find information on what to do when sick [on this page](#).

Prevention

Prevention guidance is here:

<https://www1.nyc.gov/assets/doh/downloads/pdf/monkeypox/protect-yourself-others.pdf>

Vaccinations

- Appointments may become available due to cancellations or rescheduling.
- Continue to monitor our website at <https://vaccinfinder.nyc.gov/> or <https://vax4nyc.nyc.gov/patient/s/monkeypox>

Action on Monkeypox:

How community organizations can help



Spread the Facts:

- NYC Health Department Palm card [monkeypox-palm.pdf \(nyc.gov\)](#)
- CDC's Factsheet on [Safer Sex, Social Gatherings, and Monkeypox](#)
- NYC Health Department's MPV [information](#)
- NYC Health Department's recent [Health Advisories](#)
- NYC Health Department's recent [Press Releases](#)
- NYC Health Department's [Statements and Letters](#)

Share Vaccine Appointment Links:

- <https://vaccinefinder.nyc.gov/>
- <https://vax4nyc.nyc.gov/patient/s/monkeypox>.
- Check back at 5pm each day as next-day appointments may become available due to cancellations



ANYONE CAN GET AND SPREAD MONKEYPOX

Blaming any one group hurts public health efforts and can cause healthcare providers to miss the virus in others. To report discrimination, call 311.

January 2023

IMPORTANT BULLETIN:

Your FlowFlex test kits may NOT be expired!

The FDA has approved FlowFlex shelf life extensions - new expiration dates are 7 months beyond the date printed on the kit box. For more info: https://bit.ly/flowflex_extension

Many partners have reached out to us concerning FlowFlex tests that appear to be expiring soon. They are likely still safe and effective to use!

- 1 Check the expiration date printed on the test kit box.
- 2 Add 7 months to the printed expiration date.



Printed date

Actual expiration date

2023

-JANUARY-							-FEBRUARY-							-MARCH-						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30	31				
-APRIL-							-MAY-							-JUNE-						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	8	9	10	11	12	13	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	15	16	17	18	19	20	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	22	23	24	25	26	27	22	23	24	25	26	27	28	
29	30	31					29	30	31				29	30	31					
-JULY-							-AUGUST-							-SEPTEMBER-						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	8	9	10	11	12	13	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	15	16	17	18	19	20	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	22	23	24	25	26	27	22	23	24	25	26	27	28	
29	30	31					29	30	31				29	30	31					
-OCTOBER-							-NOVEMBER-							-DECEMBER-						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	8	9	10	11	12	13	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	15	16	17	18	19	20	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	22	23	24	25	26	27	22	23	24	25	26	27	28	
29	30	31					29	30	31				29	30	31					

For example, if the printed date is April 2023, the ACTUAL expiration date is November 2023

- 3 Rest assured that the tests have been guaranteed effective until the new date. See the FDA's update here: https://bit.ly/flowflex_extension

New York City Test Sites

No-Cost PCR & RAPID tests • ID/Insurance are not required • Vaccines available at some sites.

Site info subject to change, for updates check: bit.ly/HH_testsites OR nyc.gov/covidtest OR Call 212-COVID19

• Week of 4/17/2023 – 4/23/2023 •

At-Home COVID-19 Test Kit Pickup Locations: on.nyc.gov/3GGc9Tf

NYC Department of Health and Mental Hygiene • COVID-19 EXPRESS - Mon-Fri (9am-5pm)		
<p>Crown Heights Center 1218 Prospect Pl Brooklyn 11213</p>	<p>Fort Greene Center 295 Flatbush Ave. Ext Brooklyn 11201</p>	<p>Morrisania 1309 Fulton Ave Bronx 10456</p>
<p>Central Harlem Center 2238 Fifth Ave New York 10037</p>	<p>Riverside Health Center 160 W 100th St New York 10025</p>	<p>NYC Health NYC.gov/Health/CovidExpress</p>

Mobile Test to Treat

All mobile units offer **no-cost** COVID treatment!

ALL mobile units will also offer no-cost Flu & RSV Tests and Tamiflu prescriptions to people who test positive and are eligible

These are mobile units with clinical staff on-board to screen and prescribe free COVID-19 antiviral pills to people (age 12+) who present positive (+) test results (including home rapid tests). Days & times vary. Choose Rapid or PCR tests. Due to parking issues, vans may be within 1-2 blocks away.

BROOKLYN

BAY RIDGE

Sun, Apr 23: 8a-6p
CM Brannan District
43 Office
8203 3rd Ave
Brooklyn 11209

BEDFORD STUYVESANT

Mon-Sun, Apr 17-23: 8a-6p
Marcy Plaza
1385 Fulton St
Brooklyn 11216

CANARSIE

Mon-Wed, Apr 17-19: 8a-6p
Canarsie High School
1600 Rockaway Pkwy
Brooklyn 11236

FLATBUSH

Mon-Sun, Apr 17-23: 8a-6p
Flatbush Ave/ Nostrand Ave
1565 Flatbush Ave
Brooklyn 11210

NEW LOTS

Fri-Sun, Apr 21-23: 8a-6p
New Hope Family Worship Center
817 Livonia Ave
Brooklyn 11207

NEW LOTS

Thu, Apr 20: 9a-3p
Hope Christian Church
369 New Lots Ave
Brooklyn 11207

SUNSET PARK

Mon-Sat, Apr 17-22: 8a-6p
Sunset Park
4200 7th Ave
Brooklyn 11232

BRONX

ALLERTON

Mon-Sat, Apr 17-22: 8a-6p
NYCHA Pelham Parkway
920 Mace Ave
Bronx 10469

CO-OP CITY

Mon-Tue, Apr 17-18: 8a-6p
Co-Op City
135 Einstein Loop N
Bronx 10475

CO-OP CITY

Wed-Thu: Apr 19-20: 8a-6p
Co-Op City
2049 Bartow Ave
Bronx 10475

CO-OP CITY

Fri-Sun, Apr 21-23: 8a-6p
Co-Op City
177 Dreiser Loop
Bronx 10475

FORDHAM

Mon-Sun, Apr 17-23: 8a-6p
St. James Park
2550 Jerome Ave
Bronx 10468

SOUNDVIEW

Mon-Sun, Apr 17-23: 8a-6p
Soundview Park
825 Morrison Ave
Bronx 10473

MANHATTAN

HARLEM

Sun, Apr 23: 8a-6p
Abyssinian Baptist Church
132 W 138th St
New York 10030

HARLEM

Mon-Sun, Apr 17-23: 8a-6p
Gotham Sydenham
2184 Frederick
Douglas Blvd
New York 10026

LOWER EAST SIDE

Mon-Sun, Apr 17-23: 8a-6p
Masaryk Towers
75 Columbia St
New York 10002

WASHINGTON HEIGHTS

Mon-Sun, Apr 17-23: 8a-6p
Mitchel Square
3975 Broadway
New York 10032

QUEENS

AVERNE

Mon-Sun, Apr 17-23: 8a-6p
Rockaway YMCA
207 Beach 73rd St
Queens 11692

CORONA

Mon-Sun, Apr 17-23: 8a-6p
Park of the Americas
103-8 42nd Ave
Queens 11368

RIDGEWOOD

Mon-Sun, Apr 17-23: 8a-6p
Gotham Ridgewood
769 Onderdonk Ave
Queens 11385

ROCHDALE

Mon-Sun, Apr 17-23:
8a-6p
Rochdale Village Mall
165-98 Baisley Blvd
Queens 11434

SOUTH RICHMOND HILL

Mon-Sun, Apr 17-23:
8a-6p
Phil "Scooter" Rizzuto
Park - 125 95th Ave
Queens 11419

ST. ALBANS

Mon-Sun, Apr 17-23:
8a-6p
Episcopal Church of
St. Alban the Martyr
116-42 Farmers Blvd
Queens 11412

STATEN ISLAND

CLIFTON

Mon-Sun, Apr 17-23:
8a-6p
Gotham Vanderbilt
165 Vanderbilt
Staten Island 10304

PRINCE'S BAY

Mon-Sun, Apr 17-23:
8a-6p
Wolfe's Pond Park
(Parking Lot)
Chester St
Staten Island 10312

SEA VIEW

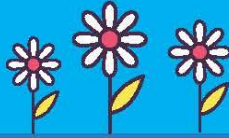
Mon-Sun, Apr 17-23:
8a-6p
NYC Health + Hospitals
Seaview
460 Brielle Ave
Staten Island 10314



QUEENS



Walk-up & Pick-up **FREE COVID-19**
At-Home Tests
at the locations listed below



For the Week of April 17th - April 23rd 2023

Pick-up times at Queens Public Library locations:
Mon, Wed & Fri 10am-5pm / Tue 1pm-5pm & Thurs 12pm-7pm
Sat 10am-4pm (unless otherwise noted**)

**Add'l hours, including Sundays, at Central Library & Kew Gardens Hills Library; (see below)*

Cultural Centers

Queens Botanical Garden
Tues-Sun, 8-4:30pm
43-50 Main St.
Queens NY 11355

Queens Theatre
Tues-Fri, 12-4pm
14 United Nations Ave S.
Flushing Meadows
Corona Park
Queens NY 11368

Flushing Town Hall
Wed-Fri, 12-5pm
137-35 Northern Blvd.
Queens NY 11374

Community Centers

NYC Dept. of Finance Ctr
144-06 94th Ave., 1st Fl
Queens, NY 11435
Mon-Fri, 8:30am-4:30pm

NYC Dept. of Finance
Prop Assessment Unit
144-06 94th Ave., 3rd Fl
Queens, NY 11435
Mon-Fri, 10am-4pm

NYC Probation
NeON Kitchen
162-24 Jamaica Ave.,
2nd Fl
Queens, NY 11432
Tues, Wed & Fri, 9-12pm

Queens Public Library Locations

Arverne Library
312 Beach 54th St.
Arverne NY 11692

Astoria Library
14-01 Astoria Blvd.
Astoria NY 11102

Auburndale Library
25-55 Francis Lewis Blvd.
Auburndale NY 11358

Baisley Park Library
117-11 Sutphin Blvd.
Jamaica, NY 11436

Bay Terrace Library
18-36 Bell Blvd.
Bay Terrace NY 11360
*Closed Saturdays***

Bayside Library
214-20 Northern Blvd.
Bayside NY 11361

Bellerose Library
250-6 Hillside Ave.
Bellerose NY 11426

Briarwood Library
85-12 Main St.
Briarwood NY 11435

Broad Channel Library
16-26 Cross Bay Blvd.
Broad Channel NY 11693
*Closed Saturdays***

Broadway Library
(mobile bus)
40-20 Broadway
Long Island City NY 11103
*Mon, 10am-4pm only***

Cambria Heights Library
218-13 Linden Blvd.
Cambria Heights NY 11411

Central Library
89-11 Merrick Blvd.
Jamaica NY 11432
*Sun, 12-4pm***

Corona Library
38-23 104th St.
Corona NY 11368
*Closed Saturdays***

Douglaston-Little Neck
Library
249-01 Northern Blvd.
Douglaston NY 11363
*Closed Saturdays***

East Elmhurst Library
95-06 Astoria Blvd.
East Elmhurst NY 11369

East Flushing Library
196-36 Northern Blvd.
East Flushing NY 11358
Mon-Thurs 10am-8pm
Fri 10am-6pm
Sat 10am-5pm
Sun 12-5pm

Elmhurst Library
86-07 Broadway
Elmhurst NY 11373

Far Rockaway Library
1003 Beach 20th St.
Far Rockaway NY 11691
*Closed Saturdays***

Forest Hills Library
108-19 71st Ave.
Forest Hills NY 11375

Glen Oaks Library
256-04 Union Tpke.
Glen Oaks NY 11004

Glendale Library
78-60 73rd Pl.
Glendale NY 11385
*Closed Saturdays***

Hollis Library
202-05 Hillside Ave.
Hollis NY 11423

Howard Beach Library
92-06 156th Avenue
Howard Beach NY 11414
*Closed Saturdays***

Hunters Point Library
47-40 Center Blvd
Long Island City NY 11109

Kew Gardens
Hills Library
72-33 Vleigh Place
Kew Gardens Hills NY
11367
Sun, 12-4pm
*Closed Saturdays***

Langston Hughes Library
100-01 Northern Blvd
Jackson Heights NY
11368

LeFrak City Library
(mobile bus)
98-30 57th Ave.
Corona NY 11368
*Friday, 10am-4pm only***

Lefferts Library
103-34 Lefferts Blvd.
Richmond Hill NY 11419
*Closed Saturdays***

Long Island City Library
37-44 21st St.
Long Island City NY 11101

Maspeth Library
69-70 Grand Ave.
Maspeth NY 11378

McGoldrick Library
155-06 Roosevelt Ave.
Flushing NY 11354
*Closed Saturdays***

Middle Village Library
72-31 Metropolitan Ave.
Middle Village NY 11379
*Closed Saturdays***

Mitchell-Linden Library
31-32 Union St.
Flushing NY 11354

North Forest Park Library
98-27 Metropolitan Ave.
N. Forest Park NY 11375
*Closed Saturdays***

North Hills Library
57-04 Marathon Pkwy.
Little Neck NY 11362
*Closed Saturdays***

Ozone Park Library
92-24 Rockaway Blvd
Ozone Park NY 11417

Peninsula Library
92-25 Rockaway
Beach Blvd.
Rockaway Beach NY 11693

Pommonok Library
158-21 Jewel Ave.
Pommonok NY 11365
*Closed Saturdays***





QUEENS



Walk-up & Pick-up **FREE COVID-19**
At-Home Tests
at the locations listed below



For the Week of April 17th - April 23rd 2023

Pick-up times at Queens Public Library locations:
Mon, Wed & Fri 10am-5pm / Tue 1pm-5pm & Thurs 12pm-7pm
Sat 10am-4pm (unless otherwise noted**)

**Add'l hours, including Sundays, at Central Library & Kew Gardens Hills Library: (see below)*

Queens Public Library Locations

Poppenhusen Library
121-23 14th Ave.
College Point NY 11356
*Closed Saturdays***

Queensbridge Tech
Lab Library
10-43 41st Avenue
Long Island City NY 11101
*Mon, Wed & Thurs
12pm-7pm; Sat 1-4pm***

Queens Village Library
94-11 217th Street
Queens Village 11428
*Closed Saturdays***

Queensboro Hill Library
60-05 Main Street
Flushing NY 11355

Rego Park Library
91-41 63rd Drive
Rego Park NY 11374

Richmond Hill Library
118-14 Hillside Ave.
Richmond Hill NY 11418

Ridgewood Library
20-12 Madison Street
Ridgewood NY 11385

Rochdale Village Library
169-09 137th Ave.
Jamaica NY 11434

Rosedale Library
144-20 243rd St.
Rosedale NY 11422
*Closed Saturdays***

Seaside Library
116-15 Rockaway Beach
Blvd.
Rockaway Park NY 11694
*Closed Saturdays***

South Hollis Library
204-01 Hollis Ave.
South Hollis NY 11412
*Closed Saturdays***

South Jamaica Library
108-41 Guy R. Brewer
Blvd.
South Jamaica NY 11433
*Closed Saturdays***

South Ozone Park Library
128-16 Rockaway Blvd.
S. Ozone Park NY 11420

St. Albans Library
191-05 Linden Blvd
St. Albans NY 11412

Sunnyside Library
43-06 Greenpoint Ave.
Sunnyside NY 11104

Whitestone Library
151-10 14th Rd.
Whitestone NY 11357

Windsor Park Library
79-50 Bell Blvd.
Oakland Gardens NY
11364
*Closed Saturdays***

Woodhaven Library
85-41 Forest Pkwy.
Woodhaven NY 11421
*Closed Saturdays***

Woodside Library
54-22 Skillman Ave.
Woodside NY 11377
*Closed Saturdays***

Small Business Services

ITC - LIC
47-16 Austell Pl., Suite 302
Queens, NY 11101
Mon-Fri: 8:30am-5pm

Flushing Workforce1
Career Center
41-17 Main Street, 3rd Fl
Queens, NY 11355
Mon-Fri: 8:30am-5pm

Queens Workforce1
Career Center
168-25 Jamaica Ave., 2nd Fl
Queens, NY 11432
Mon-Fri: 9am-5pm

Workforce1 Industrial &
Transportation Career
Center (Jamaica)
168-46 91 Ave. (ITC), 2nd Fl
Queens, NY 11432
Mon-Fri: 9am-5pm

NYC Business Solutions
Center Queens
90-27 Sutphin Blvd, 4th Fl
Queens, NY 11435
Mon-Thurs: 9am-5pm

Rockaway Workforce1
Career Center
57-17 Shore Front Pkwy
Queens, NY 11692
Mon-Fri: 8:30am-5pm

NYC Health + Hospitals

Gotham Health Location

Elmhurst Hospital
Mon-Thurs, 7am-7pm
Fri: 8am-12pm
Sat-Sun: 8am-4pm
77-04 41st Ave.
Queens NY 11373

Queens Hospital
Mon-Thurs, 7am-7pm
Fri: 7am-2pm
Sun: 7am-7pm
*Closed Saturdays***
82-68 164th St.
Queens, NY 11432





BROOKLYN

Walk-up & Pick-up **FREE COVID-19**
At-Home Tests
at the locations listed below



For the Week of April 17th - April 23rd 2023

Pick-up times at Brooklyn Public Library locations:
Mon, Wed & Fri 10am-5pm; Tue 1pm-7pm; Thu 10am-7pm; Sat 10am-4pm
(unless otherwise noted**)

Cultural Centers

Brooklyn Children's Museum
Mon-Sat, 12-4pm
145 Brooklyn Ave.
Brooklyn NY 11213

Brooklyn Museum
Wed-Fri, 12-4 pm
200 Eastern Pkwy.
Brooklyn NY 11238

Weeksville Heritage Center
Tues-Fri, 10am-5pm
Saturday, 11am-5pm
158 Buffalo Ave.
Brooklyn NY 11213

JACK
20 Putnam Ave.
Brooklyn NY 11238
Tues, Thurs, Fri 11-4pm

Community Centers

Cypress Hills and East NY Community Center
276 Chestnut St.
Brooklyn NY 11201
Mon-Fri, 10-4pm

NYC Dept. of Finance Ctr
210 Joralemon St. 1st/2nd Fl.
Brooklyn, NY 11201
Mon-Fri, 8:30-4:30pm

NYC Probation NeON Kitchen
345 Adams St, 6th Fl.
Brooklyn NY 11201 Mon,
Wed & Fri, 9-12pm

CPC Brooklyn Community Services
4101 8th Ave 4th Fl
Brooklyn, NY 11232
Mon & Wed: 1pm-4:30pm
Fri: 10am-1pm

Brooklyn Public Library Locations

Adams Street Library
9 Adams Street
Brooklyn NY 11201

Arlington Library
203 Arlington Avenue
Brooklyn NY 11207

Bay Ridge Library
7223 Ridge Boulevard
Brooklyn NY 11209

Borough Park Library
1265 43rd St.
Brooklyn NY 11219
**Sun, 1pm-4pm

Brighton Beach Library
16 Brighton First Rd.
Brooklyn NY 11235

Brooklyn Heights Library
286 Cadman Plaza West
Brooklyn, NY 11201
**Sun, 1pm-4pm

Brownsville Library
61 Glenmore Ave.
Brooklyn NY 11212

Bushwick Library
340 Bushwick Ave.
Brooklyn NY 11206

Canarsie Library
1580 Rockaway Pkwy.
Brooklyn NY 11236

Carroll Gardens Library
396 Clinton St.
Brooklyn NY 11231

Central Library
10 Grand Army Plaza
Brooklyn NY 11238
**Mon-Thu, 9am-8pm;
**Sat, 9am-6pm;
**Sun, 1pm-5pm

Clinton Hill Library
380 Washington Ave.
Brooklyn NY 11238

Coney Island Library
1901 Mermald Ave.
Brooklyn NY 11224

Cortelyou Library
1305 Cortelyou Rd.
Brooklyn NY 11226

Crown Heights Library
560 New York Ave.
Brooklyn NY 11225

Cypress Hills Library
1197 Sutter Ave.
Brooklyn NY 11208

DeKalb Library
790 Bushwick Ave.
Brooklyn NY 11221

Dyker Library
8202 13th Ave.
Brooklyn NY 11228

Eastern Parkway Library
1044 Eastern Pkwy.
Brooklyn NY 11213

Flatbush Library
22 Linden Blvd.
Brooklyn NY 11226

Flatlands Library
2065 Flatbush Ave.
Brooklyn NY 11234

Fort Hamilton Library
9424 Fourth Ave.
Brooklyn NY 11209

Gerritsen Beach Library
2808 Gerritsen Ave.
Brooklyn NY 11229

Gravesend Library
303 Avenue X
Brooklyn NY 11223

Greenpoint Library
107 Norman Ave.
Brooklyn NY 11222
**Sun, 1pm-4pm

Hightown Library
1664 W. 13th Street
Brooklyn NY 11223

Homecrest Library
2525 Coney Island Ave.
Brooklyn NY 11223

Jamalca Bay Library
9727 Seaview Ave.
Brooklyn NY 11236

Kensington Library
4207 18th Ave.
Brooklyn NY 11218

Kings Bay Library
3650 Nostrand Ave.
Brooklyn NY 11229

Kings Highway Library
2115 Ocean Ave.
Brooklyn NY 11229
**Sun, 1pm-4pm

Marcy Library
617 DeKalb Ave
Brooklyn NY 11216

Macon Library
361 Lewis Ave.
Brooklyn NY 11233
**Sun, 1pm-4pm

Mapleton Library
1702 60th St.
Brooklyn NY 11204
**Sun, 1pm-4pm

McKinley Park Library
6802 Fort Hamilton Parkway
Brooklyn NY 11219

Midwood Library
975 East 16th St.
Brooklyn NY 11230
**Sun, 1pm-4pm

Mill Basin Library
2385 Ralph Ave.
Brooklyn NY 11234

New Lots Library
665 New Lots Ave.
Brooklyn NY 11207
**Sun, 1pm-4pm

New Utrecht Library
1743 86th St.
Brooklyn NY 11214

Pacific Library
25 Fourth Ave.
Brooklyn NY 11217

Paerdegat Library
850 East 59th St.
Brooklyn NY 11234

Park Slope Library
431 6th Ave.
Brooklyn NY 11215





BROOKLYN



Walk-up & Pick-up **FREE COVID-19**
At-Home Tests
at the locations listed below



For the Week of April 17th – April 23rd 2023

Pick-up times at Brooklyn Public Library locations:
Mon, Wed & Fri 10am-5pm; Tue 1pm-7pm; Thu 10am-7pm; Sat 10am-4pm
(unless otherwise noted**)

Brooklyn Public Library Locations

Rugby Library
1000 Utica Ave.
Brooklyn NY 11203

Saratoga Library
8 Thomas S. Boyland St.
at, Macon St, Brooklyn,
NY 11233

Sheepshead Bay Library
2636 East 14th Street
Brooklyn NY 11235

Spring Creek Library
12143 Flatlands Ave.
Brooklyn NY 11207

Stone Avenue Library
581 Mother Gaston Blvd.
Brooklyn NY 11212

Sunset Park Library
4201 4th Ave.
Brooklyn NY 11232

Ulmer Park Library
2602 Bath Ave.
Brooklyn NY 11214

Walt Whitman Library
93 Saint Edwards St.
Brooklyn NY 11205

Williamsburg Library
240 Division Ave.
Brooklyn NY 11211

Windsor Terrace Library
160 East 5th St.
Brooklyn NY 11218

Small Business Services

Brooklyn Workforce1
Career Center
9 Bond Street, 5th Fl
Brooklyn NY 11201
Mon-Fri: 8:30am-5pm

Coney Island Workforce1
Career Center
1906 Mermaid Ave., 2nd Fl
Brooklyn NY 11224
Mon-Fri: 8:30am-5pm

East New York Work-
force1 Career Center
2619 Atlantic Avenue
Brooklyn NY 11207
Mon-Fri: 8:30am-5pm

ITC - Brooklyn
Brooklyn Army Terminal
140 58th St.,
Building 'B' Lobby
Brooklyn NY 11220
Mon-Fri: 8:30am-5pm

NYC Business Solutions
Center Brooklyn
9 Bond Street, 5th Fl
Brooklyn NY 11201
Mon-Fri: 9am-5pm

NYC Health + Hospitals Gotham Health Location

Cumberland
Mon-Fri: 7am-4pm
100 N Portland Ave
Brooklyn, NY 11205

East New York
Mon-Fri: 7am-4pm
2094 Pitkin Ave
Brooklyn, NY 11207



NYC
HEALTH+
HOSPITALS

Test & Treat
Corps

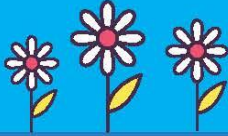
NYC



BRONX



Walk-up & Pick-up **FREE COVID-19** **At-Home Tests** at the locations listed below



For the Week of April 17th – April 23rd 2023

Pick-up times at all Bronx Public Library Locations: **Mon-Fri, 12p-4p**
Pick up times at all other locations are as listed below.

Cultural Centers

Bronx Museum
Tues, 1-4pm
1040 Grand Concourse
Bronx NY 10456

Wave Hill
Tues-Sun, 10am-3pm
4900 Independence Ave
Bronx NY 10471

Community Centers

Ariva Tax Prep
Mon-Fri & Sat 12-2pm
45-67 West Tremont Ave
Bronx NY 10453

Kingsbridge Heights
Comm Ctr
Mon-Sat: 12p-4p
3101 Kingsbridge Terr
Bronx NY 10463

KHCC Early Childhood
Center
Mon-Fri: 12p-4p
295 W 231st Street
Bronx NY 10463

NYC Dept. of Finance Ctr
3030 3rd Ave., 2nd Fl
Bronx NY 10465
Mon-Fri, 8:30-4:30pm

NYC Probation
NeON Kitchen
Tue, Wed, Fri, 9a-12p
198 E 161st St.
Bronx NY 10451

ICNA Relief Food Pantry
1277-D Burke Ave
Bronx NY 10469
Mon; 8am-3pm
Fri-Sat, 8am-2pm

NYREACH
502A East Tremont Ave
Bronx NY 10457
Mon & Wed, 10am-4pm
Fri, 10am-1pm

NY Public Library Locations

Allerton Library
2740 Barnes Ave.
Bronx NY 10467

Baychester Library
Temporarily Closed
Bronx NY 10475

Belmont Library
610 East 186th St.
Bronx, NY 10458

Bronx Library Center
310 E. Kingsbridge Rd.
Bronx NY 10458

Castle Hill Library
947 Castle Hill Ave.
Bronx NY 10473

City Island Library
320 City Island Ave.
Bronx NY 10464

Clason's Point Library
1215 Morrison Ave.
Bronx NY 10472

Eastchester Library
1385 East Gun Hill Rd.
Bronx NY 10469

Edenwald Library
1255 E. 233rd St.
Bronx NY 10466

Francis Martin Library
2150 University Ave.
Bronx, NY 10453

Grand Concourse Library
155 East 173rd St.
Bronx NY 10457

High Bridge Library
78 West 168th St.
Bronx NY 10452

Jerome Park Library
118 Eames Pl.
Bronx NY 10468

Kingsbridge Library
291 West 231st St.
Bronx NY 10463

Morris Park Library
985 Morris Park Ave.
Bronx NY 10462

Mosholu Library
285 East 205th St.
Bronx NY 10467

Mott Haven Library
Temporarily Closed
Bronx NY 10454

Parkchester Library
1985 Westchester Ave.
Bronx NY 10462

Pelham Bay Library
3060 Middletown Rd.
Bronx NY 10461

Pelham Parkway-
Van Nest Library
2147 Barnes Ave.
Bronx NY 10462

Riverdale Library
5540 Mosholu Ave.
Bronx NY 10471

Sedgwick Library
1701 Dr. MLK, Jr. Blvd.
Bronx NY 10453

Soundview Library
660 Soundview Ave.
Bronx NY 10473

Spuyten Duyvil Library
650 West 235th St.
Bronx NY 10463

Throgs Neck Library
3025 Cross Bronx
Expressway Extension
Bronx NY 10465

Tremont Library
1866 Washington Ave.
Bronx NY 10457

Van Cortlandt Library
3882 Cannon Pl.
Bronx NY 10463

Wakefield Library
4100 Lowerre Pl.
Bronx NY 10466

West Farms Library
2085 Honeywell Ave.
Bronx NY 10460

Westchester Square
Library
2521 Glebe Pl.
Bronx NY 10461

Woodlawn Heights
Library
4355 Katonah Ave.
Bronx NY 10470

Woodstock Library
761 East 160th St.
Bronx NY 10456

NYC Health + Hospitals Gotham Health Location

Belvis
Mon-Fri: 7am-4pm
545 E. 142nd St. Bronx
NY 10454

Morrisania
Mon-Fri: 7am-4pm
1225 Gerard Ave.
Bronx NY 10452

Tremont
Mon-Fri: 7am-4pm
1920 Webster Ave.
Bronx NY 10457

Small Business Services

ITC - Bronx
14 Bruckner Blvd., 3rd Fl
Bronx, NY 10454
Mon-Fri: 8:30-5pm

Bronx Workforce1
Career Center
400 E. Fordham Rd., 7th Fl
Bronx, NY 10458
Mon-Fri: 9am-5pm

Hunts Point Workforce1
Career Center
1029 E. 163rd St., 3rd Fl
Bronx, NY 10495
Mon-Fri: 9am-5pm

West Farms Workforce1
Career Center
901 E. Tremont Ave., 2nd Fl
Bronx, NY 10460
Mon-Fri: 9am-5pm





MANHATTAN



Walk-up & Pick-up **FREE COVID-19**
At-Home Tests
at the locations listed below



For the Week of April 17th - April 23rd 2023

Pick-up times at all Bronx Public Library Locations: **Mon-Fri, 12p-4p**
Pick up times at all other locations are as listed below.

Cultural Centers

American Museum of Natural History
Wed-Sun, 10am-5pm
77th St. btwn Central Park West & Columbus Ave.
New York NY 10024

El Museo del Barrio
Thurs-Sun, 11am-5pm
1230 Fifth Ave.
New York NY 10029

Museum of the City of New York
Thu, 10am-9pm
Fri-Mon, 10am-5pm
1220 Fifth Ave.
New York NY 10029

Ars Nova Theater
Tues-Thu, 12-5pm
511 West 54th Street
New York NY 10019

A.R.T./New York Theatres
Tues 10am-1pm
Thu, 10am-12pm
502 West 53rd St

Community Centers

NYC Dept. of Finance Cntr
66 John St. (2nd/13th Fl)
New York, NY 10038
Mon-Fri, 8am-4pm

NYC Probation
NeON Kitchen
127 West 127th St.
New York, NY 10027 Mon,
Wed & Fri, 9-12pm

CPC Central Office
150 Elizabeth St
New York, NY 10012
Mon-Fri: 10am-12pm

Hamilton-Madison House
50 Madison Street
New York, NY 10038
Tues-Thurs, 11-4pm

NY Public Library Locations

96th Street Library
112 East 96th St.
New York NY 10128

Agullar Library
174 East 110th St.
New York NY 10029

Andrew Heskell Braille & Talking Book Library
40 W. 20th St. #1
New York NY 10011

58th Street Library
127 East 58th St.
New York, NY 10022

67th Street Library
328 E 67th St.
New York, NY 10065

Battery Park City Library
175 North End Ave.
New York NY 10282

BloomIngdale Library
150 West 100th St.
New York NY 10025

Chatham Square Library
33 East Broadway
New York NY 10002

Columbus Library
742 Tenth Ave.
New York NY 10019

Epiphany Library
228 East 23rd St.
New York, NY 10010

George Bruce Library
518 West 125th St.
New York, NY 10027

Hamilton Fish Park Library
415 East Houston St.
New York, NY 10002

Hamilton Grange Library
503 West 145th St.
New York NY 10038

Harlem Library
Temporarily Closed
New York NY 10027

Hudson Park Library
66 Leroy Street
New York NY 10014

Jefferson Market Library
425 6th Ave.
New York, NY 10011

Kips Bay Library
446 Third Ave.
New York NY 10016

Macomb's Bridge Library
2633 Adam Clayton Powell, Jr. Blvd.
New York, NY 10039

Morningside Heights Library
2900 Broadway
New York, NY 10025

Mulberry Street Library
10 Jersey St.
New York NY 1001

Ottendorfer Library
135 Second Avenue
New York NY 10003

Riverside Library
127 Amsterdam Ave.
New York NY 10023

Roosevelt Island Library
524 Main St.
New York NY 10044

Seward Park Library
192 East Broadway
New York NY 10002

St. Agnes Library
444 Amsterdam Ave.
New York, NY 10024

Stavros Niarchos Foundation Library
455 Fifth Ave.
New York NY 10016

Tompkins Square Library
331 East 10th St.
New York NY 10009

Washington Heights Library
1000 St. Nicholas Ave.
New York NY 10032

Webster Library
1465 York Ave.
New York NY 10075

Yorkville Library
222 East 79th St.
New York, NY 10079

Small Business Services

NYC Business Solutions Center Lower Manhattan
14 Wall Street, 17th Fl
New York, NY 10005
Mon-Fri: 9am-5pm

Upper Manhattan Workforce Career Center
215 West 125th St., 6th Fl
New York, NY 10027
Mon-Fri: 9am-5pm

NYC Business Solutions Center Upper Manhattan
361 West 125th St., 3rd Fl
New York, NY 10027
Mon-Fri: 9am-5pm

Washington Heights Workforce Career Center
516 West 181st St., 5th Fl
New York, NY 10033
Mon-Fri: 9am-5pm

NYC Business Solutions Center Washington Heights
560 West 181st St., 2nd Fl
New York, NY 10033
Mon-Fri: 9am-5pm

Healthcare Workforce Career Center
14 Wall Street, 17th Fl
New York, NY 10038
Mon-Fri: 9am-5pm

NYC Health + Hospitals Gotham Health Location

Gouverneur Hospital
Mon-Fri: 7am-4pm
227 Madison St.
New York, NY 10002



STATEN ISLAND



Walk-up & Pick-up **FREE COVID-19** **At-Home Tests** at the locations listed below



For the Week of April 17th - April 23rd 2023

Pick-up times at all Staten Island Public Library Locations: **Mon-Fri, 12p-4p**
Pick up times at all other locations are as listed below.

Cultural Centers

Greenbelt Recreation Center
Mon-Fri, 6:30am-8:30pm, Sat & Sun, 8am-3pm
501 Brielle Ave.
Staten Island NY 10314

Snug Harbor Cultural Center & Botanical Garden
Seasonal hours (Check website for hours)
<https://snug-harbor.org>
1000 Richmond Terr.
Building P
Staten Island NY 10301

Staten Island Children's Museum
Sat & Sun, 10am-1pm & 2-5pm / Wed, Th & Fri, 10am-1pm
1000 Richmond Terr.
Building M
Staten Island NY 10301

Staten Island Zoo
Mon-Thurs, 1-3pm
614 Broadway
Staten Island NY 10301

Community Centers

NYC Dept. of Finance Property Valuation Unit
350 St. Marks Pl-Rm 400
Staten Island, NY 10301
Mon & Fri, 9am-4pm

NYC Probation NeON Kitchen
340 Bay Street
Staten Island, NY 10301
Mon, Wed & Fri, 9-12pm

Community Health Action- Next Step Resource Center
56 Bay St. 1st Fl
Staten Island, NY 10301
24hrs/7 Days a week

Community Health Action - Food Pantry
2134 Richmond Terr.
Tu 10-2, W 2pm-6pm
Fri. 12pm-4pm, Sat 10am-2pm
Staten Island, NY 10302
Mon, Wed & Fri, 9-12pm

Staten Island Community Job Center dba La Colmena
774 Port Richmond Ave
Staten Island, NY 10302
Mon-Fri 9am-5pm

Staten Island Community Job Center dba La Colmena
88 Canal St
Staten Island, NY 10304
Mon-Fri 9am-5pm

A Chance in Life
1100 Castleton Ave.
Staten Island, NY 10310
Mon-Fri, 12pm-5pm

NY Public Library Locations

Charleston Library
225 Bricktown Way
Staten Island NY 10309

Dongan Hills Library
1617 Richmond Rd.
Staten Island NY 10304

Great Kills Library
56 Giffords Ln.
Staten Island NY 10308

Huguenot Park Library
830 Huguenot Ave.
Staten Island NY 10312

Mariners Harbor Library
206 South Ave.
Staten Island NY 10303

New Dorp Library
309 New Dorp Lane
Staten Island NY 10306

Richmondtown Library
200 Clarke Ave.
Staten Island NY 10306

South Beach Library
21-25 Robin Rd.
Staten Island NY 10305

Stapleton Library
132 Canal St.
Staten Island NY 10301

St. George Library
5 Central Ave.
Staten Island NY 10301

Todt-Hill Westerleigh Library
2550 Victory Boulevard
Staten Island NY 10314

Tottenville Library
7430 Amboy Road
Staten Island NY 10307

West New Brighton Library
976 Castleton Ave.
Staten Island NY 10310

Small Business Services

ITC - Staten Island
1972 Richmond Terrace
Staten Island, NY 10301
Mon-Fri: 9am-5pm

NYC Business Solutions Center Staten Island
120 Stuyvesant Pl., 3rd Fl
Staten Island, NY 10301
Mon-Fri: 9am-5pm

Staten Island Workforce1 Career Center
120 Stuyvesant Pl., 3rd Fl
Staten Island, NY 10301
Mon-Fri: 8:30am-5pm

NYC Health + Hospitals Gotham Health Location

Vanderbilt
Mon-Fri: 7am-4pm
165 Vanderbilt Ave.
Staten Island, NY 10304



NYC HEALTH + HOSPITALS

Test & Treat Corps

NYC

Do I Reallllly Need to Vaccinate my Child Against Covid-19?

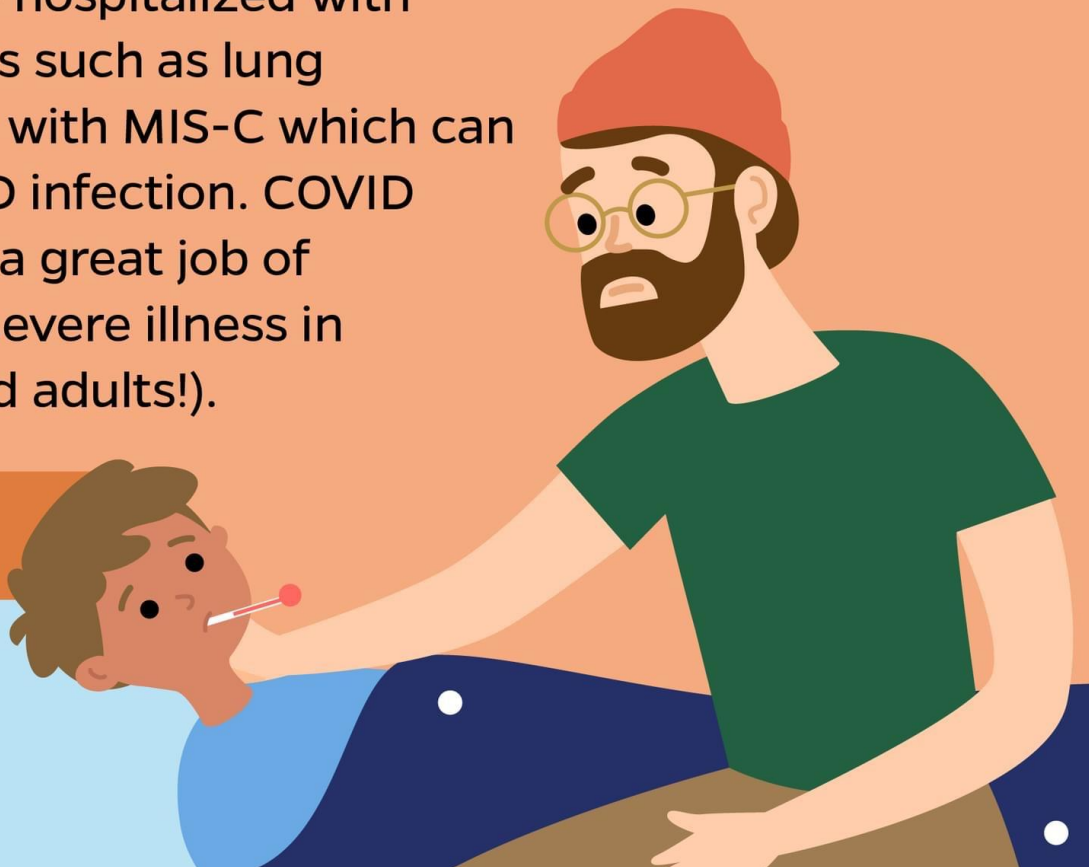


TO DO LIST

- Soccer practice
- Buy Toilet paper (NEED TODAY!!)
- Vaccine appointment for kids
- (...Do we need?)

Fact: **Vaccines are Safe.** **COVID is Not.**

Although COVID in children can be mild, some kids can get very sick and become hospitalized with severe illness such as lung problems or with MIS-C which can follow COVID infection. COVID vaccines do a great job of preventing severe illness in children (and adults!).



Lower the Long COVID Risk

Early studies indicate **10-30% of coronavirus patients will experience long COVID symptoms**—and kids with mild infections can experience persistent symptoms for weeks or months. Symptoms range from fatigue, shortness of breath, and changes in taste or smell. Some long COVID patients report difficulty with simple everyday activities like walking upstairs or light exercise.



DAYS WITH COVID
SYMPTOMS

**I'm over 50 and
I'm vaccinated and healthy.
Do I really need a booster?**



Yes.

With omicron and possibly other variants, two doses of an mRNA vaccine may not be enough to protect you from infection or severe disease—even if you're in tip-top shape.



JOHNS HOPKINS
BLOOMBERG SCHOOL
of PUBLIC HEALTH

But if I can still catch COVID, what's the point of a booster?



A booster gets you back on your feet faster and will likely keep you out of the hospital.

If you are boosted and exposed to COVID-19, it will take about 4-5 days for your immune response to fully kick in. The omicron variant has a shorter incubation period than other variants and can make you sick in as little as 2-3 days. This means that even if you catch omicron, you might only be sick for a day or two before your immune system fights it off.

Without a booster, you could be sicker for much longer and even get more seriously ill.

What if I got vaccinated and then got COVID? Do I still need a booster?



While you can gain some extra immunity from having COVID, evidence shows that a booster will provide the added protection needed to reduce the risk of infection with less risk.

Plus, we don't really know how long immunity from COVID lasts.

"Getting a booster means you have one less thing to worry about."



Does it matter **which booster shot I get?**

Booster shots here →



In short, no.

If you got two shots of an mRNA vaccine like Pfizer, you can get a booster from Moderna and vice versa.

However, if you received only one dose of Johnson & Johnson, there's evidence that you could gain higher protection from getting an mRNA booster. If it's been at least three months from your J&J shot, you could opt for the double dose of Pfizer or Moderna to really secure a high level of immunity.

What can I expect in terms of **side effects** from a **COVID-19 booster**?



Some people noticed no side effects and some had about the same or slightly more intense side effects than their first two doses.

Side effects from vaccines can also vary for individuals depending on a lot of factors including how well-rested and hydrated someone is, if they are fighting off other infections like colds or flu.

Will we **need boosters again** in another 6 months?



We don't know yet.

Because the pandemic is still infecting people in large numbers all over the globe, there's a possibility for more variants that might challenge our existing immunity.

Once the pandemic is under control, some experts think that COVID-19 shots could be part of a yearly plan and some companies are working on a combination COVID-19/flu vaccine.

STEP UP TO STOP THE SPREAD, NYC!

GET 
**VACCINATED
AND BOOSTED**

**GET
TESTED**



if you have symptoms,
were exposed, or traveled

**MASK
UP**



to protect yourself and those around you

**STAY
HOME**



if you are feeling sick



For more information,
visit nyc.gov/covidvaccine
or call **877-VAX-4NYC**.

**NYC VACCINE FOR ALL:
SAFE, FREE, EASY**

NYC
Health

You are
LIMITED
EDITION



Office of
Mental Health



Self-Care Tips for Frontline Workers

Self-care is the backbone of mental wellness. It's especially important for New York's frontline workers who have experienced high levels of stress throughout the COVID-19 pandemic.

Find ways to work the following self-care strategies into your daily routine while on the frontline:



1. Pause to recognize your stress

Stress can build up in the body—including in your muscles—and this can impact your breathing, thoughts, or energy levels. Pause to identify where stress might be in your body and take some deep breaths to release the tension.



2. Posture makes a difference

If you notice you're slouching, remind yourself to stand upright—the right posture can help balance your weight throughout your body and alleviate pressure on your heels and toes.

3. Stretch it out

Take a five-minute stretch break or do a little yoga during your shift. This can help relieve some of the physical stress and tension that might have built up during the day.



4. Treat yourself after work

Plan something to look forward to after your shift ends and on your days off. Even a foot soak at home, brewing a cup of your favorite tea, or watching your favorite show will help you relax, unwind and recharge.



5. Stay hydrated

Keep a large bottle of water by your workstation and take frequent sips.



6. Make time for walking

Whether it is taking a short stroll outside or adding a few laps around the building during your downtime, try to fit in a five-minute walk break every few hours.



7. Close your eyes and visualize

Imagine yourself in a calm place, like the beach, the mountains, or your favorite vacation spot. Think about what you'd see, taste, smell, hear, and feel being there.



8. Regulate your breathing

If you notice you are feeling overwhelmed, try the five-finger breathing technique to calm your nerves; Hold out your hand in front of you with your fingers spread. Now, slowly trace the outside of your hand with the index finger from your other hand, breathing in when you trace up, and out when you trace down.



9. Embrace humor and laughter

Laughter is a great way to improve mental wellness. Add humor to your day by sharing light-hearted jokes with others. Or watch a funny YouTube video on your break.

STAY
POSITIVE

10. Keep a gratitude journal

Take a moment each day to jot down what you are grateful for or tasks you are happy you accomplished throughout the week. It's a good way to focus on the positive, even when you are experiencing stress.

Bottom Line: You can't pour from an empty cup, so it's important to find ways to fill your cup back up each day. And don't forget to give yourself credit for all that you're doing in this challenging time!



Post-COVID Care Clinics

Some people who had COVID-19 continue to experience health issues for weeks or months after their initial illness, including fatigue, shortness of breath, cough, confusion, muscle, joint, or chest pain and other symptoms. This is known as **post-acute COVID-19 syndrome, also called long COVID or chronic COVID**. Several New York City (NYC) hospitals have specialized clinics to provide follow-up care to people who had COVID-19. Post-COVID care clinics bring together clinical teams from different specialties (including pulmonology, cardiology, rehabilitation, neurology and mental health) to provide comprehensive treatment. There are also rehabilitation and physical therapy clinics with specialized services for people recovering from COVID-19.

Below is a list of post-COVID-19 care clinics for patients with continuing health issues after COVID-19 illness and for providers to refer patients who require specialized care. This list may not include every clinic in NYC. Please check with your health care provider, check facility websites, or call facilities for the most up-to-date information.

Health System	Clinic Name	Address	Contact	URL
Bronx				
BronxCare Health System (formerly Bronx Lebanon)	Post-COVID Care Clinic	Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457	718-99-BRONX (718-992-7669)	bronxcare.org/
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence	1920 Webster Ave. Bronx, NY 10457	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence/
Montefiore Health System	COVID-19 Recovery (CORE) Clinic	Medical Arts Pavilion 3400 Bainbridge Ave., Second Floor Bronx, NY 10467	844-556-6683 Extension #36	einstein.yu.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx

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New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St., 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333 rehab@med.cornell.edu	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535 rehabmed_help@cumc.columbia.edu	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYU Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	Multiple locations and virtual options	855-5NWH-CARES (855-569-4227)	northwell.edu/coronavirus-covid-19/cares-program
Staten Island				
Richmond University Medical Center	Post-COVID-19 Care Center	288 Kissel Ave. Staten Island, NY 10310	718-818-1500	rumcsi.org/postcovidcare
Northwell Health	Staten Island University Hospital Post-COVID Recovery Center	475 Seaview Avenue, Staten Island, New York 10305	718-226-6494	siuh.northwell.edu/post-covid-recovery-center
Multiple Locations In and Out of NYC				
Motion PT Recovery	Post-Acute COVID Recovery Program Clinics	Multiple locations and virtual options	347-745-0122	motionptg.com/post-covid-recovery-program/

Mount Sinai Trusted Rehabilitation Network	Post-COVID Rehabilitation Clinics*	Multiple locations, virtual and in-home options	646-689-3276	mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *Practices will be noted as COVID trained
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Brooklyn				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence*	815 Broadway Brooklyn, NY 11206	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence/ * Brooklyn location coming soon, please call for more information.
Maimonides Medical Center	Maimonides Center for Post-COVID Care	948 48th St. Brooklyn, NY 11219	718-283-5815	maimonidesmed.org/
	Shaknovich Cardiovascular Wellness Institute	3209 Coney Island Ave. Brooklyn, NY	718-635-5577	
	Maimonides Children's Hospital Post-COVID Recovery Program	949 48th St. Brooklyn, NY 11219	718-283-1244	
University Hospital of Brooklyn – SUNY Downstate	Post-COVID-19 Care Clinic	470 Clarkson Ave., Suite R, Brooklyn, NY 11203	718-270-7207	downstate.edu/news_releases/2020/05-18-2020.html
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St., 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program

NYC Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	Multiple locations and virtual options	855-5NWH-CARES (855-569-4227)	northwell.edu/coronavirus-covid-19/cares-program
Queens				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence	37-50 72nd St. Jackson Heights, NY 11372	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence/
Medisys Health Network: Jamaica/Flushing Hospitals	Post-COVID Care Center	MediSys-Hollis Tudors Clinic 200-16 Hollis Ave. St. Albans, NY 11412	718-736-8204	jamaicahospital.org/post-covid-care-center/ flushinghospital.org/clinical-services/post-covid-care-center
Northwell Health	COVID Ambulatory Resource Support (CARES)	Multiple locations and virtual options	855-5NWH-CARES (855-569-4227)	northwell.edu/coronavirus-covid-19/cares-program
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
H&D Physical Therapy	COVID Rehab Clinic at H&D Midtown	815 2nd Ave, #701 (at E. 43rd St) New York, 10017	212-921-0214 consult@covidpt.org	hdphysicaltherapy.com/post-covid/ Online Covid Bootcamp

If I'm Sick, How Do I Protect the People I Live With?

✓ Create physical distance:

- ◆ Stay in a separate room and use a separate bathroom, if possible.
- ◆ Keep away from others, especially people at increased risk for severe COVID-19 illness.

✓ Cover up:

- ◆ Wear a well-fitting face mask when around others. Have them wear a face mask around you.
- ◆ Cover your cough or sneeze with a tissue or your arm.

✓ Clean:

- ◆ Wash your hands often with soap and water.
- ◆ Clean surfaces you touch often.
- ◆ Do not share towels, food or utensils.

✓ Ventilate:

- ◆ Open windows and doors.
- ◆ Use a portable air cleaner.
- ◆ Turn on bathroom and stovetop fans that pull air upward.



COVID-19 Digital Mental Health Resources

FREE digital mental health resources* for the duration of the COVID-19 pandemic

Anxiety



Headspace (in App Library)

New free meditation resources specific to COVID-19



Shine

Resources for anxiety and overall mental health specific to COVID-19



Calm

Mindfulness app that provides free list of curated meditations specific to COVID-19 via video and audio



Coa

Online therapist-led groups & workshops for anxiety, stress, and connection



All Mental Health

App with coping and communication skills specific to COVID-19



Ginger

Strategies, activities, and articles to help users stay grounded during COVID-19

Depression



Litesprite

Clinically-validated mental health video game



Sanvello

Clinically-validated evidence-based mobile application based on cognitive behavioral therapy (plus content related to other conditions)

Sleep



Big Health's Sleepio

Digital therapeutic for sleep, fully automated yet highly personalized digital sleep improvement program accessible via app and web



Magellan's Restore

Digital cognitive behavioral therapy for sleep

Peer Support



Supportiv

Peer chat support and resource list



Nod

Resource for students to socially connect and reduce loneliness during COVID-19

Recovery



Tempest

Online recovery support meetings for women and gender non-conforming individuals who are sober or interested in sobriety

Self-Care



COVID Coach

Resource for everyone, including veterans and service members, to support self-care and overall mental health

*Please note these products are subject to the same evaluation protocol as those in the App Library, with the exception of user testing. Our goal is to share no-cost resources to help you during this time.

COVID-19 QUARANTINE VS. ISOLATION



QUARANTINE

keeps someone who was in close contact with someone who has COVID-19 away from others.

Quarantine if you have been in close contact with someone who has COVID-19, unless you have been fully vaccinated.

If you are fully vaccinated

- You do NOT need to quarantine unless you have symptoms
- Get tested 5-7 days after your exposure, even if you don't have symptoms
- Wear a mask indoors in public for 14 days following exposure or until your test result is negative

If you are not fully vaccinated

- Stay home for 14 days after your last contact with a person who has COVID-19
- Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19
- If possible, stay away from people you live with, especially people who are at higher risk for getting very sick from COVID-19
- Contact your local public health department for options in your area to possibly shorten your quarantine



ISOLATION

keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

People who are in isolation should stay home and stay in a specific "sick room" or area and use a separate bathroom (if available).

If you are sick and think or know you have COVID-19

Stay home until after

- At least 10 days since symptoms first appeared **and**
- At least 24 hours with no fever without the use of fever-reducing medications **and**
- Symptoms have improved

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after 10 days have passed since your positive viral test
- If you develop symptoms after testing positive, follow the steps above for those who are sick



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Spotting Covid-19

COMPARING GENERAL SYMPTOMS OF COVID-19
TO OMICRON, DELTA, AND THE FLU

Covid-19

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Delta Variant

- Headache
- Sore throat
- Runny nose
- Fever

May cause twice as many infections as Covid-19

Omicron Variant

- Dry cough
- Fever
- Night sweats
- Body pain
- Runny nose
- Headache
- Fatigue
- Sneezing
- Sore throat

May cause approximately twice as many infections as Delta

Flu

- Fever or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

Possibly less transmissible than Covid-19

SOURCES: CDC, COVID SYMPTOM STUDY, YALE MEDICINE, GAVI

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